

Quick Start Guide **HYDRO 4 HEALTH 1800PRO**

Congratulations on purchasing/renting this hydrogen device. Once you have unpacked everything, we will start by connecting the hose for the nose. You will see a blue tube between the hose. This is the water collector. It must be emptied occasionally to prevent water droplets from entering the nose. You do this by turning the 2 halves and pulling them apart. This is only necessary after a few hours of use.

We now first connect the power cord. One end in the machine and the other in the socket. Now turn on the machine with the red power button on the back of the machine. The machine says that the water level is too low 'low water level add water'. Because it is new, it will indicate this immediately. The water tank is still completely empty, so we will first fill it to 5 cm / 2 inches below the filling opening (the wing screw cap on top).

The machine must not contain unfiltered tap water. Only demineralized water (available at supermarkets and hardware stores), home-made reverse osmosis water or distilled water may be used. When the tank is filled with water, screw the cap back on and the device is ready for use. You can start or pause hydrogen production with the middle button on the front of the machine under the display.

With the left button you can adjust the time if necessary. With the right button you can adjust the amount of hydrogen per minute. This should always be set to 1800 ml/min, the maximum amount. It can also be set to 900 ml/min or 450 ml/min (milliliters per minute).

- The normal treatment time is 30 min. per time. 3 to 7 times per week.

- No maintenance is required, but if you do not use the device for more than 2 weeks, it is better not to leave water in the tank. In that case, it is best to place it on the counter near the sink and unscrew the screw cap on the back (sometimes the rubber is still there, pull that off too). Then you will see that the water runs out. Please wait until it is completely empty after +-10 minutes.

Optional: this device works together with the ATP Wristband from PHOTON 4 HEALTH. You connect this via the USB port on the side of the machine. You wear this low level laser therapy wristband so that the lights irradiate the inside of your wrist. The special color lasers and pulsation of the light increase the conversion of blood sugar in your blood to ATP (fuel for your cells) in your entire body. It works synergistically with the hydrogen.

For more information see: photon4health.com/ATP-Wristband



If you have any questions please email:

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